



SMILES FOR MILES BASE PROJECT ACTIVITIES TIMETABLE

*"The sky's the limit for children and young people
with the right basket of support and provision."*



Our Bases are offering lots of exciting open-access youth sessions and 1-1 support options for children and young people. Alongside this, we also have a basket of support and provision offering even more activities and support to get involved in. All young people attending the bases will have access to a trusted adult who can support them to access other activities or support.

- If you would like to join, make a referral or find out more about a particular session, we would encourage you to contact the organisation directly.
- If you would like some support to make a referral to multiple sessions or would like to discuss what options might be best for you or your young person, please contact the Project Co-ordinator, Zoe Cartwright Harrison on 07706344863 or by email at zoe.cartwright@varotherham.org.uk
- If you would like learn more about the project or see what we have been doing so far, please visit www.cypfconsortium.org.uk/smilesformiles



Important Notice: Rotherham and Barnsley Mind are currently closed for referrals to 1-1 Counselling sessions

BASES



Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Clifton Learning Partnership	Open Access Youth Club	7-9	Tuesdays	3:30 PM – 4:45 PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	These are open access sessions for any young people to attend (A registration form needs to be completed by parents/ carers)
	Open Access Youth Club	10-13	Tuesdays	5:00 PM– 6:00 PM	Rotherham Leisure Complex or Eastwood playing fields	For more information or to get involved, please contact Leanne Corns on 07415729456
Clifton Learning Partnership	Chat and Chill	10-13	Thursdays	4:00 PM– 5:00PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	No appointment required
	NEET Drop-In	16-19	Booking advised but drop ins welcome			

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 JADE Youth and Community	LGBTQ+ Group	11-19	Monday	4:00 PM – 5:30 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend.
	Junior Youth Club	7-11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		For more information, contact: JADE HQ on 01909 565639
	Senior Youth Club	11-19	Tuesdays and Thursdays	6:00 PM - 8:00 PM		It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.
	SEND Youth Club	7-25	Wednesdays	5:00 PM- 7:30 PM		1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
 Swinton Lock Activity Centre	Open Access Youth Club	7-10	Thursday	4:00 PM- 5:00 PM	Swinton Lock Activity Centre, Dun Street, Rotherham, S64 8AN	For more information or to get involved, please contact the centre on 01709578778 or email at info@swintonlock.org.uk *The open access youth club is in high demand and may be full to capacity. Please contact us check our availability before attending.
	Open Access Youth Club	11-16	Thursday	5:15 PM – 7:15 PM		
	Targeted Youth Work Sessions	11-16 or up to 25 if SEND	Monday to Friday	10:00 AM - 4:00 PM		
	One to One Support Sessions	11-16 or up to 25 if SEND	Monday to Friday	10:00 AM – 4:00 PM		

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 Hopian – Formerly Rotherham Rise	Drop in for advice and support	7-19 (up to 25 with SEND)	Thursdays	3:30 PM – 4:00 PM	Rise House 18 High Street S60 1PP	Drop in sessions and open access sessions can be attended by any young person within the age range. You do not need a referral to attend so feel free to pop along by yourself or with your friends. To refer to Draw and talk sessions, 1:1 support or for more information about any of our session, please contact 0330 2020 571 or email enquiries@hopian.org.uk
	Open Access Youth Group (groups are delivered on the same evening but in different rooms of the building)	7-11 group & 12 + group	Thursday	4:00 PM – 5:30 PM		
	Open Access Youth Group (drop in and activity session)	7-11 group & 12 + group	Tuesday	4:00 PM – 6:00 PM		
	1-1 Support Sessions	7-19 (up to 25 with SEND)	Referral basis	3:30 PM – 5:30 PM		
 Rotherham United Community Trust	Fitness Hub (Social and physical activities, team building, games and sports)	10-16	Tuesdays	5:00 PM– 6:00 PM	AESSEAL, New York Stadium, New York Way, Rotherham, S60 1FJ	For more information or to get involved, please visit: Youth & Inclusion - Rotherham United Community Trust contact 01709 827767 or email dhadley@ruct.co.uk
	Open Access Youth Hub (Social and physical activities, team building, games and sports)	10-16	Thursday	5:00 PM – 7:00 PM		


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BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <p>Endeavour</p>	<p>Outdoor Personal Development</p> <p>Outdoor activities such as; hillwalking, climbing, orienteering, canoeing, abseiling, caving and bushcraft / forest skills.</p> <p>Teambuilding and Problem-Solving Games</p> <p>Activities that can be delivered as part of outdoor personal development days or as a standalone session.</p>	8-19 or up to 25 with SEND		<p>Dates and time are flexible based on the need of young people.</p> <p>Sessions are available to book 7 days a week and can be delivered as either as;</p> <ul style="list-style-type: none"> - Full days from 10am or, - Half days during the morning, afternoon or on evenings. <p>Please contact us to arrange a session.</p>	<p>These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.</p>	<p>For more information or to get involved, please contact Mark Kittle on:</p> <p>07734 855 652 or mark.kittle@endeavour.org.uk</p>
<p>ROAR</p> <p>Rotherham Open Arts Renaissance</p>	<p>Artistic Activities</p>	8-19 or up to 25 with SEND		<p>ROAR will provide a menu of activities for young people to choose from.</p> <p>Dates and times are to be agreed with the provider.</p>	<p>Activities can be delivered at your location or an alternative venue to be agreed with the provider.</p>	<p>For more information or to get involved, please contact 01709 835747</p>


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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Rotherham and Barnsley Mind	<p>1:1 Counselling – currently closed</p> <p>A programme of up to 6 – 8 weeks of counselling sessions (or shorter or longer if needed)</p>					
	<p>Group Mental Health Workshops</p> <p>Bite sized workshops which are interactive and inclusive covering subjects such as self-esteem, body image, social media, anger management, bullying, healthy relationships, transition to adulthood and mental health awareness.</p> <p>Support can also be added in collaboration with existing provisions for young people where access to mental health support would not typically be available. For example, offering 1-1 or group mental health support within an existing boxing or physical activity session.</p>	<p>8-19 or up to 25 with SEND</p>	<p>Dates are flexible based on the need of young people.</p> <p>We are also able to put together bespoke packages for groups tailored to their needs.</p> <p>Please contact us to arrange any of our sessions.</p>	<p>Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ</p> <p>or,</p> <p>at a suitable location based on the locality of referrals / sign ups.</p>	<p>These programmes are by referral only and are delivered on a 1-1 basis or to small groups of 6 people or more.</p> <p>To make a referral, please email:</p> <p>Frankie@rbmind.co.uk</p>	


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	Personal Development Group for Females This group focuses on building your confidence and self-esteem and improving your well-being.	14-19 or up to 25 with SEND	Contact for new group start dates	4:30 PM – 6:00 PM	Rush House, 17-19 Lindum Terrace, Doncaster Road S65 1NJ	Can adjust days/times to respond to participant need for Personal Development Groups To Book on or for more information contact Joanne or Andrew on 01709 369295 or email : jwilliams@rushhouse.co.uk or asearson@rushhouse.co.uk
	Personal Development Group for Males This group focuses on building your confidence and self-esteem and improving your well-being.	14-19 or up to 25 with SEND	Contact for new group start dates	4:30 PM – 6:00 PM		

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 YWCA Yorkshire	WRAP: Wellbeing Recovery Action Plan A flexible programme designed to support mental health and wellbeing. Sessions can be tailored in both frequency and length to suit the needs of your group.	8-19 or up to 25 with SEND	Sessions can be scheduled based on the needs of the individual or group.		Wellbeing/ ETT Programmes will take place at either;	These programmes are by referral only and will be delivered on a 1:1 basis or to small groups of up to 12. Participants will receive the relevant resources to complete the programme in advance. To make a referral, please email: elly.thompson@ywcayorkshire.org.uk
	Escape The TRAP An 8-week programme empowering teens to recognise unhealthy relationships and protect themselves from abuse. As with WRAP, session length and structure can be adapted to meet the needs of your group.				YWCA Yorkshire - Fleming Gardens, 11 Fleming Gardens, Flanderwell, Rotherham, S66 2EY, A local community venue, Or, a Smiles for Miles partner venue across Rotherham. Some sessions can also be delivered at a young person’s home if being delivered on a 1-1 basis subject to availability of facilitators.	