



## SMILES FOR MILES BASE PROJECT ACTIVITIES TIMETABLE

*"The sky's the limit for children and young people  
with the right basket of support and provision."*



Our Bases are offering lots of exciting open-access youth sessions and 1-1 support options for children and young people. Alongside this, we also have a basket of support and provision offering even more activities and support to get involved in. All young people attending the bases will have access to a trusted adult who can support them to access other activities or support.

- If you would like to join, make a referral or find out more about a particular session, we would encourage you to contact the organisation directly.
- If you would like some support to make a referral to multiple sessions or would like to discuss what options might be best for you or your young person, please contact the Project Co-ordinator, Zoe Cartwright Harrison on 07706344863 or by email at [zoe.cartwright@varotherham.org.uk](mailto:zoe.cartwright@varotherham.org.uk)
- If you would like learn more about the project or see what we have been doing so far, please visit [www.cypfconsortium.org.uk/smilesformiles](http://www.cypfconsortium.org.uk/smilesformiles)

**Important Notice: Rotherham and Barnsley Mind are currently closed for referrals to 1-1 Counselling sessions**

### BASES

| Organisation                                                                                                                                        | Activities / Support   | Age   | Days/Dates                           | Times             | Location                                                            | How to get involved                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------|--------------------------------------|-------------------|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|
|  Clifton Learning Partnership<br><br>Clifton Learning Partnership | Open Access Youth Club | 7-9   | Tuesdays                             | 4:00 PM – 5:00 PM | Clifton Learning Partnership<br>Erskine Road,<br>Rotherham, S65 1RF | These are open access sessions for any young people to attend (A registration form needs to be completed by parents/ carers) |
|                                                                                                                                                     | Open Access Youth Club | 10-13 | Tuesdays                             | 5:00 PM– 6:00 PM  | Rotherham Leisure Complex or Eastwood playing fields                | For more information or to get involved, please contact Leanne Corns on <a href="tel:07415729456">07415729456</a>            |
|                                                                                                                                                     | Outreach               |       | Thursdays                            | 4:00 PM– 5:00PM   | Clifton Learning Partnership<br>Erskine Road,<br>Rotherham, S65 1RF | No appointment required                                                                                                      |
|                                                                                                                                                     | NEET Drop-In           | 16-19 | Booking advised but drop ins welcome |                   |                                                                     |                                                                                                                              |

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| BASES                                                                                                                     |                              |                           |                        |                    |                                                                  |                                                                                                                                                                                                                                                                                                                                               |
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| Organisation                                                                                                              | Activities / Support         | Age                       | Days/Dates             | Times              | Location                                                         | How to get involved                                                                                                                                                                                                                                                                                                                           |
| <br><b>JADE Youth and Community</b>      | LGBTQ+ Group                 | 11-19                     | Monday                 | 4:00 PM – 5:30 PM  | JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX | These are open access sessions for any young people to attend.                                                                                                                                                                                                                                                                                |
|                                                                                                                           | Junior Youth Club            | 7-11                      | Tuesdays and Thursdays | 4:00 PM - 5:30 PM  |                                                                  | For more information, contact: JADE HQ on <a href="tel:01909565639">01909 565639</a>                                                                                                                                                                                                                                                          |
|                                                                                                                           | Senior Youth Club            | 11-19                     | Tuesdays and Thursdays | 6:00 PM - 8:00 PM  |                                                                  | It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.                                                                                                                                                                                                                   |
|                                                                                                                           | SEND Youth Club              | 7-25                      | Wednesdays             | 5:00 PM- 7:30 PM   |                                                                  | 1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.                                                                                                                                                                                   |
| <br><b>Swinton Lock Activity Centre</b> | Open Access Youth Club       | 7-10                      | Thursday               | 4:00 PM- 5:00 PM   | Swinton Lock Activity Centre, Dun Street, Rotherham, S64 8AN     | For more information or to get involved, please contact the centre on <a href="tel:01709578778">01709578778</a> or email at <a href="mailto:info@swintonlock.org.uk">info@swintonlock.org.uk</a><br><br>*The open access youth club is in high demand and may be full to capacity. Please contact us check our availability before attending. |
|                                                                                                                           | Open Access Youth Club       | 11-16                     | Thursday               | 5:15 PM – 7:15 PM  |                                                                  |                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                           | Targeted Youth Work Sessions | 11-16 or up to 25 if SEND | Monday to Friday       | 10:00 AM - 4:00 PM |                                                                  |                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                           | One to One Support Sessions  | 11-16 or up to 25 if SEND | Monday to Friday       | 10:00 AM – 4:00 PM |                                                                  |                                                                                                                                                                                                                                                                                                                                               |

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| BASES                                                                                                                         |                                                                                                               |                              |                |                   |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Organisation                                                                                                                  | Activities / Support                                                                                          | Age                          | Days/Dates     | Times             | Location                                                              | How to get involved                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <br><b>Hopian – Formerly Rotherham Rise</b>  | Drop in for advice and support                                                                                | 7-19<br>(up to 25 with SEND) | Thursdays      | 3:30 PM – 4:00 PM | Rise House<br>18 High Street<br>S60 1PP                               | <b>Drop in sessions and open access</b> sessions can be attended by any young person within the age range. You do not need a referral to attend so feel free to pop along by yourself or with your friends.<br><br>To refer to <b>Draw and talk sessions, 1:1 support</b> or for more information about any of our session, please contact <b>0330 2020 571</b> or email <a href="mailto:enquiries@hopian.org.uk">enquiries@hopian.org.uk</a> |
|                                                                                                                               | Open Access Youth Groups<br>(groups are delivered on the same evening but in different areas of the building) | 7-11 group & 12 + group      | Thursdays      | 4:00 PM – 5:30 PM |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                               | Draw and Talk – closed group referrals only                                                                   | 7 – 11                       | Thursdays      | 4:00 PM – 5:30 PM |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                               | 1-1 Support Sessions                                                                                          | 7-19<br>(up to 25 with SEND) | Referral basis | 3:30 PM – 5:30 PM |                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <br><b>Rotherham United Community Trust</b> | Fitness Hub<br><br>(Social and physical activities, team building, games and sports)                          | 10-16                        | Tuesdays       | 5:00 PM– 6:00 PM  | AESSEAL, New York Stadium,<br>New York Way,<br>Rotherham,<br>S60 1FJ  | For more information or to get involved, please visit:<br><a href="#">Youth &amp; Inclusion - Rotherham United Community Trust</a><br><br>contact <b>01709 827767</b> or email <a href="mailto:dhadley@rotherhamunited.net">dhadley@rotherhamunited.net</a>                                                                                                                                                                                   |
|                                                                                                                               | Open Access Youth Hub<br><br>(Social and physical activities, team building, games and sports)                | 10-16                        | Monday         | 5:00 PM – 7:00 PM | Parkgate Astro, 23 Greasbrough Rd,<br>Parkgate, Rotherham,<br>S62 6HQ |                                                                                                                                                                                                                                                                                                                                                                                                                                               |

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## BASKET OF SUPPORT AND PROVISION

| Organisation                                                                                                                | Activities / Support                                                                                                                                                                                                                                                                                                                                | Age                        | Days/Dates | Times                                                                                                                                                                                                                                                                                                                                                      | Location                                                                                                                                                      | How to get involved                                                                                                                                                                                                 |
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| <br><b>Endeavour</b>                       | <p><b>Outdoor Personal Development</b></p> <p>Outdoor activities such as; hillwalking, climbing, orienteering, canoeing, abseiling, caving and bushcraft / forest skills.</p> <p><b>Teambuilding and Problem-Solving Games</b></p> <p>Activities that can be delivered as part of outdoor personal development days or as a standalone session.</p> | 8-19 or up to 25 with SEND |            | <p>Dates and time are flexible based on the need of young people.</p> <p>Sessions are available to book 7 days a week and can be delivered as either as;</p> <ul style="list-style-type: none"> <li>- Full days from 10am or,</li> <li>- Half days during the morning, afternoon or on evenings.</li> </ul> <p>Please contact us to arrange a session.</p> | <p>These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.</p> | <p>For more information or to get involved, please contact Mark Kittle on:</p> <p><a href="tel:07734855652">07734 855 652</a> or <a href="mailto:mark.kittle@endeavour.org.uk">mark.kittle@endeavour.org.uk</a></p> |
| <br><b>Rotherham Open Arts Renaissance</b> | <p><b>Artistic Activities</b></p>                                                                                                                                                                                                                                                                                                                   | 8-19 or up to 25 with SEND |            | <p>ROAR will provide a menu of activities for young people to choose from.</p> <p>Dates and times are to be agreed with the provider.</p>                                                                                                                                                                                                                  | <p>Activities can be delivered at your location or an alternative venue to be agreed with the provider.</p>                                                   | <p>For more information or to get involved, please contact <a href="tel:01709835747">01709 835747</a></p>                                                                                                           |

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| <br>Rotherham and<br>Barnsley Mind | <b>1:1 Counselling – currently closed</b><br><br>A programme of up to 6 – 8 weeks of counselling sessions (or shorter or longer if needed)                                                                                                                                                                                                                                                                                                                                                                                                                         | 8-19 or up to 25 with SEND |            |       |          |                     |
|                                                                                                                     | <b>Group Mental Health Workshops</b><br><br>Bite sized workshops which are interactive and inclusive covering subjects such as self-esteem, body image, social media, anger management, bullying, healthy relationships, transition to adulthood and mental health awareness.<br><br>Support can also be added in collaboration with existing provisions for young people where access to mental health support would not typically be available. For example, offering 1-1 or group mental health support within an existing boxing or physical activity session. |                            |            |       |          |                     |

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| <br>Rush House | <b>Personal Development Group for Females</b><br><br>This group focuses on building your confidence and self-esteem and improving your well-being. | 14-19 or up to 25 with SEND | <b>Wednesdays</b><br><br>Start date for each new cohort:<br><b>12/06/25</b> – Fully booked<br><b>23/07/25</b><br><b>27/08/25</b><br><b>15/10/25</b><br><b>07/01/26</b><br><b>04/03/26</b>                 | 4:30 PM – 6:00 PM | Rush House, 17-19 Lindum Terrace, Doncaster Road S65 1NJ | To Book on or for more information contact Cassie on <b>01709 369295</b> or email <a href="mailto:ckelly@rushhouse.co.uk">ckelly@rushhouse.co.uk</a> |
|                                                                                                 | <b>Personal Development Group for Males</b><br><br>This group focuses on building your confidence and self-esteem and improving your well-being.   | 14-19 or up to 25 with SEND | <b>Tuesdays</b><br><br>Start date for each new cohort:<br><b>03/06/25</b> – Fully booked<br><b>15/07/25</b><br><b>26/08/25</b><br><b>7/10/25</b><br><b>18/11/25</b><br><b>06/01/26</b><br><b>17/02/26</b> | 4:30 PM – 6:00 PM |                                                          |                                                                                                                                                      |

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| Organisation                                                                                       | Activities / Support                                                                                                                                                                                                                     | Age                        | Days/Dates                                                                                                                                                | Times | Location                                                                                                                                                                                                                              | How to get involved                                                                                                                                                                                      |
|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br>YWCA Yorkshire | <b>WRAP: Wellbeing Recovery Action Plan</b><br><br>A flexible programme designed to support mental health and wellbeing. Sessions can be tailored in both frequency and length to suit the needs of your group.                          | 8-19 or up to 25 with SEND | Sessions can be scheduled based on the needs of the individual or group.<br><br>A waiting list will be operated for a group programme and dates arranged. |       | Wellbeing/ ETT<br>Programmes will take place at either;<br><br>YWCA Yorkshire - Fleming Gardens,<br>11 Fleming Gardens,<br>Flanderwell, Rotherham, S66 2EY,                                                                           | These programmes are by referral only and will be delivered on a 1:1 basis or to small groups of up to 12.<br><br>Participants will receive the relevant resources to complete the programme in advance. |
|                                                                                                    | <b>Escape The TRAP</b><br><br>An 8-week programme empowering teens to recognise unhealthy relationships and protect themselves from abuse.<br>As with WRAP, session length and structure can be adapted to meet the needs of your group. |                            |                                                                                                                                                           |       | A local community venue,<br><br>Or, a Smiles for Miles partner venue across Rotherham.<br><br>Some sessions can also be delivered at a young person's home if being delivered on a 1-1 basis subject to availability of facilitators. | To make a referral, please email:<br><br><a href="mailto:elly.thompson@ywca.yorkshire.org.uk">elly.thompson@ywca.yorkshire.org.uk</a>                                                                    |