

SMILES FOR MILES BASE PROJECT ACTIVITIES TIMETABLE "The sky's the limit for children and young people with the right basket of support and provision."



Our <u>Bases</u> are offering lots of exciting open-access youth sessions and 1-1 support options for children and young people.

Alongside this, we also have a basket of support and provision offering even more activities and support to get involved in.

All young people attending the bases will have access to a trusted adult who can support them to access other activities or support.

- If you would like to join, make a referral or find out more about a particular session, we would encourage you to contact the organisation directly.
- If you would like some support to make a referral to multiple sessions or would like to discuss what options might be best for you or your young person, please contact the Project Co-ordinator, Zoe Cartwright Harrison on 07706344863 or by email at <u>zoe.cartwright@varotherham.org.uk</u>
- If you would like learn more about the project or see what we have been doing so far, please visit www.cypfconsortium.org.uk/smilesformiles

BASES								
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved		
Clifton Learning Partnership Clifton Learning Partnership	Open Access Youth Club	7-9	Tuesdays	4:00 PM – 5:00 PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF Rotherham Leisure Complex or Eastwood playing fields Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	These are open access sessions for any young people to attend (A registration form needs to be completed by parents carers)		
	Open Access Youth Club	10-13	Tuesdays	5:00 PM- 6:00 PM				
	Outreach		Thursdays	4:00 PM- 5:00PM		For more information or to get involved, please contact Leanne Corns on 07415729456		
	NEET Drop-In	16-19	Booking advised but drop ins welcome			No appointment required		

Registered Charity Number: 1145278

			B	ASES		
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
	LGBTQ+ Group	11-19	Monday	4:00 PM – 5:30 PM		These are open access sessions for any young people to attend.
~	Junior Youth Club	7-11	Tuesdays and 4:00 PM - Thursdays 5:30 PM		JADE Youth and	For more information, contact: JADE HQ on 01909 565639
				Community, New St,	It is recommended that young people attending the SEND Youth Club come with	
JADE Youth and	Senior Youth Club	11-19	Tuesdays and Thursdays	6:00 PM - 8:00 PM	Dinnington, Sheffield, S25 2EX	a parent / carer if they require personal care.
Community	SEND Youth Club	7-25	Wednesdays	5:00 PM- 7:30 PM		1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
	Open Access Youth Club	7-10	Thursday	4:00 PM- 5:00 PM	 Swinton Lock Activity Centre, Dun Street, Rotherham, S64 8AN 	For more information or to get involved,
LOCK ACTIVITY CENTRE	Open Access Youth Club	11-16	Thursday	5:15 PM – 7:15 PM		please contact the centre on 01709578778 or email at info@swintonlock.org.uk
Swinton Lock Activity Centre	Targeted Youth Work Sessions	11-16 or up to 25 if SEND	Monday to Friday	10:00 AM - 4:00 PM		*The open access youth club is in high demand and may be full to capacity. Please contact us check our availability
	One to One Support Sessions	11-16 or up to 25 if SEND	Monday to Friday	10:00 AM – 4:00 PM		before attending.

			В	ASES		
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
	Drop in for advice and support	7-19 (up to 25 with SEND)	Thursdays	3:30 PM – 4:00 PM	Rise House 18 High Street S60 1PP	Drop in sessions and open access sessions can be attended by any young person within the age range. You do not need a referral to attend so feel free to pop along by yourself or with your friends. To refer to Draw and talk sessions, 1:1
Hopian – Formerly	Open Access Youth Groups (groups are delivered on the same evening but in different areas of the building)	7-11 group & 12 + group	Thursdays	4:00 PM – 5:30 PM		
Rotherham Rise	Draw and Talk – closed group referrals only	7 – 11	Thursdays	4:00 PM – 5:30 PM		support or for more information about any of our session, please contact 0330 2020 571 or email
	1-1 Support Sessions	7-19 (up to 25 with SEND)	Referral basis	3:30 PM – 5:30 PM		enquiries@hopian.org.uk
	Fitness Hub			5:00 PM– 6:00 PM	AESSEAL, New York Stadium,	
ROTHERHAM UNITED	(Social and physical activities, team building, games and sports)	10-16	Tuesdays		New York Way, Rotherham, S60 1FJ	For more information or to get involved, please visit: Youth & Inclusion - Rotherham Unite
Rotherham United Community Trust	Open Access Youth Hub (Social and physical activities, team building, games and sports)	10-16	Monday	5:00 PM – 7:00 PM	Parkgate Astro, 23 Greasbrough Rd, Parkgate, Rotherham, S62 6HQ	Community Trust contact 01709 827767 or email dhadley@rotherhamunited.net

BASKET OF SUPPORT AND PROVISION								
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved		
Endeavour	Outdoor Personal Development Outdoor activities such as; hillwalking, climbing, orienteering, canoeing, abseiling, caving and bushcraft / forest skills. Teambuilding and Problem- Solving Games Activities that can be delivered as part of outdoor personal development days or as a standalone session.	8-19 or up to 25 with SEND	Dates and time a based on the new people. Sessions are avait book 7 days a we be delivered as e - Full days from 1 or, - Half days during morning, afterno evenings. Please contact us a session.	ed of young lable to eek and can either as; 10am g the pon or on	These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.	For more information or to get involved, please contact Mark Kittle on: 07734 855 652 or mark.kittle@endeavour.org.uk		
ROAR Rotherham Open Arts Renaissance	Artistic Activities	8-19 or up to 25 with SEND	ROAR will provid activities for you choose from. Dates and times agreed with the	ng people to are to be	Activities can be delivered at your location or an alternative venue to be agreed with the provider.	For more information or to get involved, please contact 01709 835747		

BASKET OF SUPPORT AND PROVISION								
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved		
Rotherham and Barnsley Mind	 1:1 Counselling A programme of up to 6 – 8 weeks of counselling sessions (or shorter or longer if needed) Group Mental Health Workshops Bite sized workshops which are interactive and inclusive covering subjects such as self-esteem, body image, social media, anger management, bullying, healthy relationships, transition to adulthood and mental health awareness. Support can also be added in collaboration with existing provisions for young people where access to mental health support would not typically be available. For example, offering 1-1 or group mental health support within an existing boxing or physical activity session. 	8-19 or up to 25 with SEND	Dates are flexil the need of yo We are also al together bespo for groups tailo needs. Please contact any of our sess	ung people. ble to put bke packages bred to their us to arrange	Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ or, at a suitable location based on the locality of referrals / sign ups.	These programmes are by referral only and are delivered on a 1-1 bas or to small groups of 6 people or more. To make a referral, please email: Frankie@rbmind.co.uk		

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
RUSH	Personal Development Group for Females This group focuses on building your confidence and self-esteem and improving your well-being.	14-19 or up to 25 with SEND	Wednesdays Start date for each new cohort: 12/06/25 – Fully booked 23/07/25 27/08/25 15/10/25 07/01/26 04/03/26	4:30 PM – 6:00 PM	Rush House, 17-19 Lindum	To Book on or for more informatio
Rush House	Personal Development Group for Males This group focuses on building your confidence and self-esteem and improving your well-being.	14-19 or up to 25 with SEND	Tuesdays Start date for each new cohort: 03/06/25 – Fully booked 15/07/25 26/08/25 7/10/25 18/11/25 06/01/26 17/02/26	4:30 PM – 6:00 PM	Terrace, Doncaster Road S65 1NJ	contact Cassie on 01709 369295 or email ckelly@rushhouse.co.uk

		BAS	SKET OF SUPPOR	T AND PRC	OVISION	
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
Creating a better future for women, children and families YWCA Yorkshire	 WRAP: Wellbeing Recovery Action Plan A flexible programme designed to support mental health and wellbeing. Sessions can be tailored in both frequency and length to suit the needs of your group. Escape The TRAP An 8-week programme empowering teens to recognise unhealthy relationships and protect themselves from abuse. As with WRAP, session length and structure can be adapted to meet the needs of your group. 	8-19 or up to 25 with SEND	Sessions can be based on the ne individual or A waiting list will I for a group progr dates arrar	eeds of the group. be operated ramme and	Wellbeing/ ETT Programmes will take place at either; YWCA Yorkshire - Fleming Gardens, 11 Fleming Gardens, Flanderwell, Rotherham, S66 2EY, A local community venue, Or, a Smiles for Miles partner venue across Rotherham. Some sessions can also be delivered at a young person's home if being delivered on a 1-1 basis subject to availability of facilitators.	These programmes are by referral only and will be delivered on a 1:1 basis or to small groups of up to 12. Participants will receive the relevant resources to complete the programme in advance. To make a referral, please email: elly.thompson@ywcayorkshire.org.uk