



## SMILES FOR MILES BASE PROJECT ACTIVITIES TIMETABLE

*"The sky's the limit for children and young people  
with the right basket of support and provision."*



Our Bases are offering lots of exciting open-access youth sessions and 1-1 support options for children and young people.

Alongside this, we also have a basket of support and provision offering even more activities and support to get involved in.

All young people attending the bases will have access to a trusted adult who can support them to access other activities or support.




- If you would like to join, make a referral or find out more about a particular session, we would encourage you to contact the organisation directly.
- If you would like some support to make a referral to multiple sessions or would like to discuss what options might be best for you or your young person, please contact the Project Co-ordinator, Zoe Cartwright Harrison on 07706344863 or by email at [zoe.cartwright@varotherham.org.uk](mailto:zoe.cartwright@varotherham.org.uk)
- If you would like learn more about the project or see what we have been doing so far, please visit [www.cypfconsortium.org.uk/smilesformiles](http://www.cypfconsortium.org.uk/smilesformiles)

### BASES



Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Clifton Learning Partnership	Open Access Youth Club	7-9	Tuesdays	4:00 PM – 5:00 PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	These are open access sessions for any young people to attend (A registration form needs to be completed by parents/ carers)
	Open Access Youth Club	10-13	Tuesdays	5:00 PM– 6:00 PM		
Clifton Learning Partnership	Football Session	10-13	Thursdays	4:00 PM– 5:00PM	Rotherham Leisure Complex or Eastwood playing fields	For more information or to get involved, please contact Leanne Corns on <a href="tel:07415729456">07415729456</a>
	NEET Drop-In	16-19	Booking advised but drop ins welcome		Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	No appointment required

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 <b>JADE Youth and Community</b>	LGBTQ+ Group	11-19	Monday	4:00 PM – 5:30 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX 	These are open access sessions for any young people to attend.
	Junior Youth Club	7-11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		For more information, contact: JADE HQ on <a href="tel:01909565639">01909 565639</a>
	Senior Youth Club	11-19	Tuesdays and Thursdays	6:00 PM - 8:00 PM		It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.
	SEND Youth Club	7-25	Wednesdays	5:00 PM- 7:30 PM		1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
 <b>Swinton Lock Activity Centre</b>	Open Access Youth Club	11-15	Thursday	5:00 PM- 7:00 PM	Swinton Lock Activity Centre, Dun Street, Rotherham, S64 8AN	For more information or to get involved, please contact the centre on <a href="tel:01709578778">01709578778</a> or email at <a href="mailto:info@swintonlock.org.uk">info@swintonlock.org.uk</a>
	Targeted Youth Work Sessions	11-16 or up to 25 if SEND	Monday to Thursday	10:00 AM - 2:00 PM		*The open access youth club is in high demand and may be full to capacity. Please contact us check our availability before attending.
	One to One Support Sessions	11-16 or up to 25 if SEND	Monday to Thursday	10:00 AM – 2:00 PM		

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 Hopian – Formerly Rotherham Rise	Open Access Youth Group and Drop-In	7-11	Thursdays	3:30 PM – 5:30 PM	Rise House 18 High Street S60 1PP	For more information or to get involved, please contact <b>0330 2020 571</b> or email <a href="mailto:enquiries@hopian.org.uk">enquiries@hopian.org.uk</a>
	Open Access Youth Group and Drop-In	11-19	Tuesdays	3:30 PM – 5:30 PM		
	1-1 Support Sessions	7-19 and upto 25 with SEND	Tuesdays/ Thursdays	3:30 PM – 5:30 PM		
 Rotherham United Community Trust	Open Access Youth Hub	10-16	Tuesdays	4:00 PM– 6:00 PM	New York Stadium, New York Way, Rotherham, S60 1FJ	For more information or to get involved, please visit: <a href="http://ruct.co.uk">Youth &amp; Inclusion - Rotherham United Community Trust (ruct.co.uk)</a>
	(Social and physical activities, team building, games and sports)	10-16	Thursdays	5:00 PM – 7:00 PM		


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## BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <p>Endeavour</p>	<p><b>Outdoor Personal Development</b></p> <p>Outdoor activities such as; hillwalking, climbing, orienteering, canoeing, abseiling, caving and bushcraft / forest skills.</p> <p><b>Teambuilding and Problem-Solving Games</b></p> <p>Activities that can be delivered as part of outdoor personal development days or as a standalone session.</p>	8-19 or up to 25 with SEND		<p>Dates and time are flexible based on the need of young people.</p> <p>Sessions are available to book 7 days a week and can be delivered as either as;</p> <ul style="list-style-type: none"> <li>- Full days from 10am or,</li> <li>- Half days during the morning, afternoon or on evenings.</li> </ul> <p>Please contact us to arrange a session.</p>	<p>These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.</p>	<p>For more information or to get involved, please contact Mark Kittle on:</p> <p><a href="tel:07734855652">07734 855 652</a> or <a href="mailto:mark.kittle@endeavour.org.uk">mark.kittle@endeavour.org.uk</a></p>
 <p>Rotherham Open Arts Renaissance</p>	<p><b>Artistic Activities</b></p>	8-19 or up to 25 with SEND		<p>ROAR will provide a menu of activities for young people to choose from.</p> <p>Dates and times are to be agreed with the provider.</p>	<p>Activities can be delivered at your location or an alternative venue to be agreed with the provider.</p>	<p>For more information or to get involved, please contact <a href="tel:01709835747">01709 835747</a></p>


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 <p>Rotherham and Barnsley Mind</p>	<p><b>1:1 Counselling</b></p> <p>A programme of up to 6 – 8 weeks of counselling sessions (or shorter or longer if needed)</p>					
	<p><b>Group Mental Health Workshops</b></p> <p>Bite sized workshops which are interactive and inclusive covering subjects such as self-esteem, body image, social media, anger management, bullying, healthy relationships, transition to adulthood and mental health awareness.</p> <p>Support can also be added in collaboration with existing provisions for young people where access to mental health support would not typically be available. For example, offering 1-1 or group mental health support within an existing boxing or physical activity session.</p>	<p>8-19 or up to 25 with SEND</p>	<p>Dates are flexible based on the need of young people.</p> <p>We are also able to put together bespoke packages for groups tailored to their needs.</p> <p>Please contact us to arrange any of our sessions.</p>	<p>Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ</p> <p>or,</p> <p>at a suitable location based on the locality of referrals / sign ups.</p>	<p>These programmes are by referral only and are delivered on a 1-1 basis or to small groups of 6 people or more.</p> <p>To make a referral, please email:</p> <p><a href="mailto:Frankie@rbmind.co.uk">Frankie@rbmind.co.uk</a></p>	


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	<b>Personal Development Group for Females</b>  This group focuses on building your confidence and self-esteem and improving your well-being. We will have joint celebration events with male group after each cohort and at the end of the programme.	14-19 or up to 25 with SEND	January cohort will be delivered at Aspire – call for more info  14/01/25 21/01/25 28/01/25 4/02/25 11/02/25 18/02/25		Rush House, 17-19 Lindum Terrace, Doncaster Road S65 1NJ	To Book on or for more information contact Paula or Cassie on <a href="tel:01709369295">01709 369295</a> or email <a href="mailto:ckelly@rushhouse.co.uk">ckelly@rushhouse.co.uk</a>
	<b>Personal Development Group for Males</b>  This group focuses on building your confidence and self-esteem and improving your well-being. We will have joint celebration events with female group after each cohort and at the end of the programme.	14-19 or up to 25 with SEND	Cohorts run on Wednesdays for 6 weeks starting;  15/01/25 22/01/25 29/01/25 5/02/25 12/02/25 19/02/25	5:00 PM – 6:30 PM		

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 YWCA Yorkshire	<b>1-1 Support</b>					
	Support around budgeting, emotional wellbeing, parenting skills, positive relationships, support with social care, and access to education and training for both parents and children.	8-19 or up to 25 with SEND				1-1 Support, NOCN Training and Wellbeing Programmes will take place at either;
	<b>NOCN Accredited Life skills Programmes</b>	8-19 or up to 25 with SEND			YWCA Yorkshire - Fleming Gardens, 11 Fleming Gardens, Flanderwell, Rotherham, S66 2EY,	These programmes are by referral only and will be delivered on a 1:1 basis or to small groups of up to 12.
	<b>WRAP: Wellbeing Recovery Action Plan</b>	8-19 or up to 25 with SEND		Sessions can be scheduled based on the needs of the individual or group.	A local community venue,	Participants will receive the relevant resources to complete the programme in advance.
	A 2-day programme to develop a wellness toolbox.			A waiting list will be operated for a group programme and dates arranged.	Or, a Smiles for Miles partner venue across Rotherham.	To make a referral, please email: <a href="mailto:elly.thompson@ywcayorkshire.org.uk">elly.thompson@ywcayorkshire.org.uk</a>
	<b>Escape The TRAP</b>	8-19 or up to 25 with SEND				Some sessions can also be delivered at a young person’s home if being delivered on a 1-1 basis.
<b>You &amp; Me, Mum</b>						
	A 10 week programme for mums to help understand the impacts of domestic abuse on parents and children.	16-19 or up to 25 with SEND				