



SMILES FOR MILES BASE PROJECT ACTIVITIES TIMETABLE

“The sky’s the limit for children and young people with the right basket of support and provision.”



Our Bases are offering lots of exciting open-access youth sessions and 1-1 support options for children and young people.

Alongside this, we also have a basket of support and provision offering even more activities and support to get involved in.

All young people attending the bases will have access to a trusted adult who can support them to access other activities or support.



- If you would like to join, make a referral or find out more about a particular session, we would encourage you to contact the organisation directly.
- If you would like some support to make a referral to multiple sessions or would like to discuss what options might be best for you or your young person, please contact the Project Co-ordinator, Zoe Cartwright Harrison on 07706344863 or by email at zoe.cartwright@varotherham.org.uk
- If you would like learn more about the project or see what we have been doing so far, please visit www.cypfconsortium.org.uk/smilesformiles

BASES


Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Clifton Learning Partnership	Open Access Youth Club	8-9	Tuesdays	4:00 PM – 5:00 PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	These are open access sessions for any young people to attend (A registration form needs to be completed by parents/ carers)
	Open Access Youth Club	10-13	Tuesdays	5:00 PM– 6:00 PM		
Clifton Learning Partnership	Football Session	10-13	Thursdays	4:00 PM– 5:00PM	Rotherham Leisure Complex or Eastwood playing fields	For more information or to get involved, please contact Leanne Corns on 07415729456
	NEET Drop-In	16-19	Tuesdays	1:30 PM– 3:00 PM	Clifton Learning Partnership Erskine Road, Rotherham, S65 1RF	No appointment required

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 <p>JADE Youth and Community</p>	LGBTQ+ Group	11-19	Monday	4:00 PM – 5:30 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend.
	Junior Youth Club	7-11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		For more information, contact: JADE HQ on 01909 565639
	Y6/Y7 Transition group	Y6 & Y7	Tuesdays	5:30 PM – 6:30 PM		It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.
	Targeted youth session	TBC	Thursday	5:30 PM – 6:30 PM		
	Senior Youth Club	11-19	Tuesdays and Thursdays	6:30 PM - 8:00 PM		1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
	SEND Youth Club	7-25	Wednesdays	5:00 PM- 7:00 PM		
 <p>Swinton Lock Activity Centre</p>	Open Access Youth Club	11-15	Thursday	5:00 PM- 7:00 PM	Swinton Lock Activity Centre, Dun Street, Rotherham, S64 8AN	For more information or to get involved, please contact the centre on 01709578778 or email at info@swintonlock.org.uk
	Targeted Youth Work Sessions	11-16 or up to 25 if SEND	Monday to Thursday	10:00 AM - 2:00 PM		*The open access youth club is in high demand and may be full to capacity. Please contact us check our availability before attending.
	One to One Support Sessions	11-16 or up to 25 if SEND	Monday to Thursday	10:00 AM – 2:00 PM		

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 Rotherham Rise	Open Access Youth Group and Drop-In	7-11	Thursdays	3:30 PM – 5:30 PM	Rise House 18 High Street S60 1PP	For more information or to get involved, please contact 0330 2020 571 or email enquiries@rotherhamrise.org.uk
	Open Access Youth Group and Drop-In	11-19	Tuesdays	3:30 PM – 5:30 PM		
	1-1 Support Sessions	7-19 and upto 25 with SEND	Tuesdays/ Thursdays	3:30 PM – 5:30 PM		
 Rotherham United Community Trust	Open Access Youth Hub	10-16	Tuesdays	4:00 PM– 6:00 PM	New York Stadium, New York Way, Rotherham, S60 1FJ	For more information or to get involved, please visit: Youth & Inclusion - Rotherham United Community Trust (ruct.co.uk)
	(Social and physical activities, team building, games and sports)	10-16	Thursdays	5:00 PM – 7:00 PM	Parkgate Astro, 23 Greasbrough Rd, Parkgate, Rotherham, S62 6HQ	


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BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <p>Endeavour</p>	<p>Outdoor Personal Development</p> <p>Outdoor activities such as; hillwalking, climbing, orienteering, canoeing, abseiling, caving and bushcraft / forest skills.</p> <p>Teambuilding and Problem-Solving Games</p> <p>Activities that can be delivered as part of outdoor personal development days or as a standalone session.</p>	<p>8-19 or up to 25 with SEND</p>	<p>Dates and time are flexible based on the need of young people.</p> <p>Sessions are available to book 7 days a week and can be delivered as either as;</p> <ul style="list-style-type: none"> - Full days from 10am or, - Half days during the morning, afternoon or on evenings. <p>Please contact us to arrange a session.</p>	<p>These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.</p>	<p>For more information or to get involved, please contact Mark Kittle on:</p> <p>07734 855 652 or mark.kittle@endeavour.org.uk</p>	
 <p>Rotherham Open Arts Renaissance</p>	<p>Artistic Activities</p>	<p>8-19 or up to 25 with SEND</p>	<p>ROAR will provide a menu of activities for young people to choose from.</p> <p>Dates and times are to be agreed with the provider.</p>	<p>Activities can be delivered at your location or an alternative venue to be agreed with the provider.</p>	<p>For more information or to get involved, please contact 01709 835747</p>	


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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <p>Rotherham and Barnsley Mind</p>	<p>1:1 Counselling</p> <p>A programme of up to 6 – 8 weeks of counselling sessions (or shorter or longer if needed)</p>					
	<p>Group Mental Health Workshops</p> <p>Bite sized workshops which are interactive and inclusive covering subjects such as self-esteem, body image, social media, anger management, bullying, healthy relationships, transition to adulthood and mental health awareness.</p> <p>Support can also be added in collaboration with existing provisions for young people where access to mental health support would not typically be available. For example, offering 1-1 or group mental health support within an existing boxing or physical activity session.</p>	<p>8-19 or up to 25 with SEND</p>	<p>Dates are flexible based on the need of young people.</p> <p>We are also able to put together bespoke packages for groups tailored to their needs.</p> <p>Please contact us to arrange any of our sessions.</p>	<p>Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ</p> <p>or,</p> <p>at a suitable location based on the locality of referrals / sign ups.</p>	<p>These programmes are by referral only and are delivered on a 1-1 basis or to small groups of 6 people or more.</p> <p>To make a referral, please email:</p> <p>Frankie@rbmind.co.uk</p>	


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	Personal Development Group for Females This group focuses on building your confidence and self-esteem and improving your well-being. We will have joint celebration events with male group after each cohort and at the end of the programme.	14-19 or up to 25 with SEND	Cohorts run on Tuesdays for 6 weeks starting; 16/04/2024 18/06/2024 20/08/2024 22/10/2024 07/01/2025	5:00 PM – 6:30 PM	Rush House, 17-19 Lindum Terrace, Doncaster Road S65 1NJ	To Book on or for more information contact Paula or Cassie on 01709 369295 or email pmartin@rushhouse.co.uk ckelly@rushhouse.co.uk
	Personal Development Group for Males This group focuses on building your confidence and self-esteem and improving your well-being. We will have joint celebration events with female group after each cohort and at the end of the programme.	14-19 or up to 25 with SEND	Cohorts run on Wednesdays for 6 weeks starting; 17/04/2024 19/06/2024 21/08/2024 23/10/2024 08/01/2025			

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 YWCA Yorkshire	1-1 Support					
	Support around budgeting, emotional wellbeing, parenting skills, positive relationships, support with social care, and access to education and training for both parents and children.	8-19 or up to 25 with SEND				1-1 Support, NOCN Training and Wellbeing Programmes will take place at either;
	NOCN Accredited Life skills Programmes	8-19 or up to 25 with SEND			YWCA Yorkshire - Fleming Gardens, 11 Fleming Gardens, Flanderwell, Rotherham, S66 2EY,	These programmes are by referral only and will be delivered on a 1:1 basis or to small groups of up to 12.
	WRAP: Wellbeing Recovery Action Plan	8-19 or up to 25 with SEND		Sessions can be scheduled based on the needs of the individual or group.	A local community venue,	Participants will receive the relevant resources to complete the programme in advance.
	A 2-day programme to develop a wellness toolbox.			A waiting list will be operated for a group programme and dates arranged.	Or, a Smiles for Miles partner venue across Rotherham.	To make a referral, please email: elly.thompson@ywcayorkshire.org.uk
	Escape The TRAP	8-19 or up to 25 with SEND				Some sessions can also be delivered at a young person’s home if being delivered on a 1-1 basis.
You & Me, Mum						
	A 10 week programme for mums to help understand the impacts of domestic abuse on parents and children.	16-19 or up to 25 with SEND				