



SMILES FOR MILES BASE PROJECT

ACTIVITIES TIMETABLE

July - September 2023

"The sky's the limit for children and young people with the right basket of support and provision."





Our main bases offer open-access sessions for children and young people. Alongside this, we have a range of activities and support available (see basket of support and provision).


To make a referral or to find out more about a particular session, please contact the organisation directly or Zoe Cartwright Harrison: Project Coordinator on 07706344863 or by email at zoe.cartwright@varotherham.org.uk

More information and our referral form is also available at www.cypfconsortium.org.uk/smilesformiles

The main base provision that used to be provided by YMCA is now being provided by Rotherham United Community Sports Trust (see details below)

MAIN BASES						
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Rotherham United Community Sports Trust	Open access youth Club	13-15	Thursday	4pm -5pm	Clifton Learning Partnership, Erskine Rd, Rotherham, S65 1RF	New sessions will be beginning in January 2023 For more information, please email: inclusion@rotherhamunited.net
	Advice drop in/target session	13-19 +25 with SEND	Thursday	5pm -18:30pm		
	Open access youth club	16-19	Thursday	18:30pm -8pm		
 Clifton Learning Partnership	Children's Youth Club	8- 9	Tuesdays	3:30 PM - 5:00 PM	Clifton Learning Partnership, Erskine Rd, Rotherham, S65 1RF	These are open access sessions for any young people to attend. Between the ages of 8-13
	Junior's Youth Club	10 - 13		5:15 PM - 6:30 PM		
	School holiday sessions	8-13	TBC	TBC		Times will vary during school holidays, call for updates
	Outdoor sport session	8-13	Wednesday	3:30 PM – 5:00 PM		NEET drop in up to 25 with SEND
	NEET drop in	16- 19	Tuesdays	1:30 PM – 3:00 PM		For more information, contact: Leanne Corns on 07415 729 456



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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 JADE Youth and Community	LGBTQ+ Group	11 - 19	Monday	4:00 PM – 6:00 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend. For more information, contact: JADE HQ on 01909 565639 It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care. 1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
	Alternative Group (alternative music/dress)	11-19	Monday	4:00 PM – 6:00 PM		
	Junior Youth Club	7 - 11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		
	Girls Study Group	11-19	Tuesdays	5:30 PM – 6:30 PM		
	Senior Youth Club	11 - 19	Tuesdays and Thursdays	6:30 PM - 8:00 PM		
	SEND Youth Club	7 - 25	Wednesdays	5:00 PM - 7:00 PM		
	1-1 Counselling	9 +	Mondays to Wednesdays	Flexible		

All young people attending the bases will have access to a trusted adult who will support them to access other activities or support from the basket of support and provision


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BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 YWCA Yorkshire	WRAP: Wellbeing Recovery Action Plan A 2-day programme which helps people develop a wellness toolbox.	9 - 25	Tuesdays	1.30 PM - 3.30 PM	The programmes can be delivered in person at; YWCA Yorkshire, 11 Fleming Gardens, Rotherham, S66 2EY	These programmes are by referral only. Participants will receive the relevant resources to complete the programme in advance. Minimum group size = 8 Maximum group size = 12 To make a referral, please email: elly.thompson@ywcayorkshire.org.uk
	Escape The TRAP A 8-week programme to help teens recognize and protect themselves from abuse.	13 - 18	Thursdays	2:30 PM		
	Freedom Programme A 2-day programme which examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims & survivors of domestic abuse.	18 - 25	Tuesdays	5:00 PM – 7:00 PM		
	1:1 Support Interventions for young women and girls focusing on trauma recovery and wellbeing.	13 - 18				For more information, please call GROW on: 01709 511171


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 <p>Rotherham and Barnsley Mind</p>	<p>1:1 Counselling A programme of up to 6 counselling sessions for any issues which may be impacting negatively on your mental health.</p>					
	<p>Meet The Team An introduction to the organisation and the opportunities available for young people.</p>				<p>The programmes can be delivered at either;</p>	<p>These programmes are by referral only. To make a referral, please email:</p>
	<p>Social Media and Body Image A 2-hour session looking at how social media can impact on the way young people see themselves and the realities of social media.</p>	9 - 19	<p>Dates are flexible based on the need of young people.</p> <p>Please contact us to arrange any of our sessions. We are also able to put together bespoke packages for groups dependant on the needs of the group. Groups need to be a minimum of 6 people.</p>		<p>Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ</p> <p>or at a suitable location based on the locality of referrals / sign ups.</p>	<p>Frankie@rbmind.co.uk</p>
	<p>Confidence and Self-Esteem A 2-hour session focusing on confidence and self-esteem, what this is, and coping strategies.</p>					


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 RUSH <small>EMPOWERING ALL TO BE HAPPY, HEALTHY AND SAFE</small>	1:1 Education, Employment and Training support. Sessions are client led and focus on supporting the wellbeing of the young person as well as developing skills and progressing towards employment, education and/ or training. Sessions can include any of the following:	16 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.		The programmes can be delivered online or in person at either; RUSH House, 17-19 Lindum Terrace, Doncaster Road, Rotherham, S65 1NJ or at a suitable location based on the locality of referrals / sign ups.	For more information or to register, please contact Lisa Rachieru on 07950 771870 or email: lrachieru@rushhouse.co.uk
	AQA Units, CV writing, job search support, interview skills, work preparation, and Course work support.					
RUSH House	RISE UP Girls Group A course of 8 weekly sessions to develop confidence and build self-esteem. Sessions will focus on safe relationships, building resilience and personal development. The young people will work through AQA units in the first hour and then enjoy a relaxed social session for the second hour	16-18	Thursday	5PM – 7PM	RUSH House, 17-19 Lindum Terrace, Doncaster Road, Rotherham, S65 1NJ	



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 Endeavour	Outdoor Personal Development Activities such as; mountain walking, climbing, navigation, orienteering, canoeing, abseiling, caving and bushcraft.	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.	These sessions are available to book 7 days a week and can be delivered as either as; <ul style="list-style-type: none"> - Full days from 10 AM - 3:30 PM or, <ul style="list-style-type: none"> - Half days during the morning, afternoon or on evenings 	Endeavour Centre Earl Marshall Road, Fir Vale, Sheffield, S4 8FB	These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.	
	Team and Problem-Solving Games Activities that can be delivered as part of outdoor personal development days or as a standalone session.						For more information or to register, please contact Fleur Hunter on 07841 211 513 or by email at fleur.hunter@endeavour.org.uk
	Music Production Group music production sessions.						

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 <p>Rotherham Parent Carers Forum</p>	1:1 Counselling 1 to 1 counselling for young people with SEND and their siblings	10 - 25 (SEND) 10 - 18 (Siblings)				For more information, please call us on 01709 296262 or see our website RPCF Rotherham Parent Carers Forum	
	Sibling Support in Schools A 6 week programme delivered in school to young people who have a sibling with SEND which may have an impact on learning.	8 - 18			Please contact Marie Butcher if you would like a sibling support programme delivered in your school		To make an enquiry about accessing the sibling support in your school please contact Marie Butcher on 01709 296262 or email mariebutcher@rpcf.co.uk
	Sibling Support Sessions A weekly open access support session full of fun activities for young people who have a sibling with SEND.	8 - 18	Wednesday	5pm -7pm	New York Stadium, New York Way Rotherham S60 1FJ	To book a place on the weekly sibling support session, click here	
 <p>Rotherham Open Arts Renaissance</p>	Arts-Based Activities A series of workshops and creative projects for young people.	9 - 19				ROAR will be working with young people accessing other opportunities within the project. For more information on how to take part in these activities, please call 01709 835747 or email: matt@rotherhamroar.org	

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Rotherham
United
Community
Sports Trust

			Saturday 15 th July	Ferham Festival Tournament	
	Football tournaments	4:00-8:00PM	29 th August	Smiles for Miles Football Tournament	For more information, please email: inclusion@rotherhamunited.net
			August Date TBC	Eastwood	To book a place, click here
	Multi-Sport Tournament -Miller Challenge	12-15	September Date TBC	TBC	Multisport/ challenge events are for all young people to attend either with a team or as an individual. Get in touch for more information about future events. inclusion@rotherhamunited.net
