



## SMILES FOR MILES BASE PROJECT

### ACTIVITIES TIMETABLE



July – September 2022

*"The sky's the limit for children and young people with the right basket of support and provision."*




Our main bases offer open-access sessions for children and young people.  
Alongside this, we have a range of activities and support available (see basket of support and provision).

To make a referral or to find out more about a particular session, please contact the organisation directly or Zoe Cartwright Harrison: Project Coordinator on 07706344863 or by email at [zoe.cartwright@varotherham.org.uk](mailto:zoe.cartwright@varotherham.org.uk)  
More information and our referral form is also available at [www.cypfconsortium.org.uk/smilesformiles](http://www.cypfconsortium.org.uk/smilesformiles)



MAIN BASES						
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
	LGBTQ+ Youth Club	11 - 19		ON HOLD	YMCA, MY PLACE Rotherham, St Ann's Rd, Rotherham, S65 1PH	All sessions are currently on hold due to staff changes.  For more information about when sessions will start again or if you need support please contact: <a href="mailto:Zoe.cartwright@varotherham.org.uk">Zoe.cartwright@varotherham.org.uk</a>
	Youth Club	13-15		ON HOLD		
	Youth Club	16-19		ON HOLD		
	Children's Youth Club	Under 9s	Tuesdays	4:00 PM - 5:00 PM	Clifton Learning Partnership, Erskine Rd, Rotherham, S65 1RF	These are open access sessions delivered in partnership with YMCA Rotherham for any young people to attend.  For more information, contact: Andrea Brookes on <a href="tel:07966468282">07966 468282</a>
	Junior's Youth Club	9 - 14	Tuesdays	5:30 PM - 7:00 PM		

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 <b>JADE Youth and Community</b>	LGBTQ+ Group	11 - 19	Monday	4:00 PM – 5:00 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend.  For more information, contact: JADE HQ on <a href="tel:01909565639">01909 565639</a>  It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care.  1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
	Alternative Group (alternative music/ dress)	11-19	Monday	5:00 PM – 6:30 PM		
	Junior Youth Club	7 - 11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		
	Boys Group	11-19	Tuesdays	5:30 PM – 6:30 PM		
	Senior Youth Club	11 - 19	Tuesdays and Thursdays	6:30 PM - 8:00 PM		
	SEND Youth Club	7 - 25	Wednesdays	5:00 PM - 7:00 PM		
	Girl's Group	11 - 19	Thursdays	5:30 PM – 6:30 PM		
	1-1 Counselling	9 +	Mondays to Wednesdays	Flexible		
All young people attending the bases will have access to a trusted adult who will support them to access other activities or support from the basket of support and provision						


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## BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 YWCA Yorkshire creating a better future for women, children and families	<b>WRAP: Wellbeing Recovery Action Plan</b>	9 - 25	Tuesdays	1.30 PM - 3.30 PM		These programmes are by referral only. Participants will receive the relevant resources to complete the programme in advance.  Minimum group size = 8 Maximum group size = 12  To make a referral, please email:  <a href="mailto:janine.egan@ywcayorkshire.org.uk">janine.egan@ywcayorkshire.org.uk</a> <a href="mailto:elly.thompson@ywcayorkshire.org.uk">elly.thompson@ywcayorkshire.org.uk</a>
	<b>Escape The TRAP</b>	13 - 18	Thursdays	2:30 PM	The programmes can be delivered in person at;  YWCA Yorkshire, 11 Fleming Gardens, Rotherham, S66 2EY	
	<b>Freedom Programme</b>	18 - 25	Tuesdays	5:00 PM – 7:00 PM	Online, or at a suitable location based on the locality of referrals / sign ups.	
 GROW	<b>1:1 Support</b>	13 - 18	A Key Worker will support each individual to come up with an individualised support plan which suits their weekly routines and availabilities.		For more information, please call GROW on: <a href="tel:01709511171">01709 511171</a>	


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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 <b>Rotherham and Barnsley Mind</b>	<b>1:1 Counselling</b>  A programme of up to 6 counselling sessions.	9 - 19	Dates are flexible based on the need of young people.  Please contact us to arrange a session.		The programmes can be delivered at either;  Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ  or at a suitable location based on the locality of referrals / sign ups.	These programmes are by referral only. To make a referral, please email:  <a href="mailto:Kirsty@rbmind.co.uk">Kirsty@rbmind.co.uk</a>
	<b>Meet The Team</b>  An introduction to the organisation and the opportunities available for young people.					
	<b>Social Media and Body Image</b>  A 2-hour session looking at how social media can impact on the way young people see themselves and the realities of social media.					
	<b>Confidence and Self-Esteem</b>  A 2-hour session focusing on confidence and self-esteem, what this is, and coping strategies.					


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  <b>RUSH House</b>	<b>AQA Sessions</b>  A number of certified AQA units to help young people develop basic skills and further their personal / professional development.	16 - 18	Dates are flexible based on the need of young people. Please contact us to arrange a session.		The programmes can be delivered online or in person at either;  RUSH House, 17-19 Lindum Terrace, Doncaster Road, Rotherham, S65 1NJ	For more information or to register, please contact Lisa Rachieru on <b>07950 771870</b> or email: <a href="mailto:lrachieru@rushhouse.co.uk">lrachieru@rushhouse.co.uk</a>
	<b>CV Writing Sessions</b>  Sessions to help young people develop a digital and paper CV, including structure, wording and how to sell yourself.					
	<b>Job Club</b>  Support with using jobsites, applying for jobs, interview skills and work preparation.					
	<b>Coursework Club</b>  Support for young people in training or education to complete coursework on a 1:1 and group basis.					



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 <b>Endeavour</b>	<b>Outdoor Personal Development</b>  Activities such as; mountain walking, climbing, navigation, orienteering, canoeing, abseiling, caving and bushcraft.	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.	These sessions are available to book 7 days a week and can be delivered as either as;  - Full days from 10 AM - 3:30 PM  or,  - Half days during the morning, afternoon or on evenings	These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.	For more information or to register, please contact Ian Eccles on 07734 855652 or by email at <a href="mailto:ian.eccles@endeavour.org.uk">ian.eccles@endeavour.org.uk</a>  In all email enquiries, please cc <a href="mailto:edward.thatcher@endeavour.org.uk">edward.thatcher@endeavour.org.uk</a>
	<b>Team and Problem-Solving Games</b>  Activities that can be delivered as part of outdoor personal development days or as a standalone session.					
	<b>Indoor Cooking Sessions</b>  Group cooking sessions in our teaching kitchen.					
	<b>Music Production</b>  Group music production sessions.				Endeavour Centre Earl Marshall Road, Fir Vale, Sheffield, S4 8FB	

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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Rotherham Parent Carers Forum	<b>1:1 Counselling</b> 1 to 1 counselling for young people with SEND and their siblings	10 - 25 (SEND) 10 - 18 (Siblings)	Dates are flexible based on the need of young people. Please contact us to arrange a session.		These sessions are delivered either in person at:  131 Green Ln, Rawmarsh, Rotherham, S62 6JY	For more information, please call us on <b>01709 296262</b>  To make an enquiry about accessing the sibling support sessions service please click <a href="#">here</a>
	<b>Sibling Support Sessions</b> A 6-week programme of fun activities and sessions for young people who have a sibling with SEND.	7 - 18	Mondays and Tuesdays	Flexible	and/or, by telephone or online via video call	
 Rotherham United Community Sports Trust	<b>Sports Sessions</b> A 6-week programme of weekly sports sessions.	16-19	Mondays	5:00 PM – 6:00 PM	Thomas Rotherham College Football – Moorgate Road, S60 2BE	For more information, please email: <a href="mailto:inclusion@rotherhamunited.net">inclusion@rotherhamunited.net</a>  To book a place, click <a href="#">here</a>
		12-16	Tuesday	5.30 PM- 7:00 PM	Eastwood Multisport and Outreach – MUGA – Erskine Road, S65 1RF	
		10-13 14-16	Thursday	5:00PM- 6:00PM	Ferham Multi-Sports – Ferham Park, 181 Kimberworth Road, S61 1AH	
				6:00PM – 7:00PM		
	<b>Football Tournament</b>		WOW festival – Clifton Park	16 <sup>th</sup> & 17 <sup>th</sup> July	<a href="https://fluxrotherham.org.uk/wowrotherham2022/">https://fluxrotherham.org.uk/wowrotherham2022/</a>	Come along and get involved with a team or join a team on the day
				11 <sup>th</sup> August		
			Ferham festival – Ferham	3:00 PM – 7:00 PM	Open to anyone age 9-19 (up to 25 with SEND)	

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Rotherham  
Open Arts  
Renaissance

### Arts-Based Activities

A series of workshops and creative projects for young people.

9 - 19

ROAR will be working with young people accessing other opportunities within the project. For more information on how to take part in these activities, please call [01709 835747](tel:01709835747) or email: [matt@rotherhamroar.org](mailto:matt@rotherhamroar.org)