



SMILES FOR MILES BASE PROJECT

ACTIVITIES TIMETABLE



March - June 2022

"The sky's the limit for children and young people with the right basket of support and provision."




Our main bases offer open-access sessions for children and young people.
Alongside this, we have a range of activities and support available (see basket of support and provision).

To make a referral or to find out more about a particular session, please contact the organisation directly or Zoe Cartwright Harrison: Project Coordinator on 07706344863 or by email at zoe.cartwright@varotherham.org.uk
More information and our referral form is also available at www.cypfconsortium.org.uk/smilesformiles



MAIN BASES						
Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
	LGBTQ+ Youth Club	11 - 19	TBC	TBC	YMCA, MY PLACE Rotherham, St Ann's Rd, Rotherham, S65 1PH	If you are a young person who identifies as LGBTQ+, please contact Vicki on the details below regarding up to date information for this group.
	Youth Club	13-15	Thursday	5:30 PM- 6:30 PM		These are open access sessions for young people
	Youth Club	16-19	Thursday	7:00 PM – 8:00 PM		For more information contact: Vicki Sampson on 07702 105933 or email vicki.sampson@ymcawhiterose.org.uk
	Children's Youth Club	Under 9s	Tuesdays	4:00 PM - 5:00 PM	Clifton Learning Partnership, Erskine Rd, Rotherham, S65 1RF	These are open access sessions delivered in partnership with YMCA Rotherham for any young people to attend.
	Junior's Youth Club	9 - 14	Tuesdays	5:30 PM - 7:00 PM		For more information, contact: Andrea Brookes on 07966 468282

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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 JADE Youth and Community	LGBTQ+ Group	11 - 19	Monday	4:00 PM – 5:00 PM	JADE Youth and Community, New St, Dinnington, Sheffield, S25 2EX	These are open access sessions for any young people to attend. For more information, contact: JADE HQ on 01909 565639 It is recommended that young people attending the SEND Youth Club come with a parent / carer if they require personal care. 1-1 Counselling with a trained professional is available to any young person accessing JADE provision. Please speak to a staff member to arrange a session.
	Alternative Group (alternative music/ dress)	11-19	Monday	5:00 PM – 6:30 PM		
	Junior Youth Club	7 - 11	Tuesdays and Thursdays	4:00 PM - 5:30 PM		
	Boys Group	11-19	Tuesdays	5:30 PM – 6:30 PM		
	Senior Youth Club	11 - 19	Tuesdays and Thursdays	6:30 PM - 8:00 PM		
	SEND Youth Club	7 - 25	Wednesdays	5:00 PM - 7:00 PM		
	Girl’s Group	11 - 19	Thursdays	5:30 PM – 6:30 PM		
	1-1 Counselling	9 +	Mondays to Wednesdays	Flexible		
All young people attending the bases will have access to a trusted adult who will support them to access other activities or support from the basket of support and provision						


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BASKET OF SUPPORT AND PROVISION

Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 YWCA Yorkshire	WRAP: Wellbeing Recovery Action Plan A 2-day programme which helps people develop a wellness toolbox.	9 - 25	Tuesdays	1.30 PM - 3.30 PM		These programmes are by referral only. Participants will receive the relevant resources to complete the programme in advance. Minimum group size = 8 Maximum group size = 12 To make a referral, please email: janine.egan@ywcayorkshire.org.uk amanda.davies@ywcayorkshire.org.uk
	Escape The TRAP A 6-week programme to help teens recognize and protect themselves from abuse.	13 - 18	Thursdays	2:30 PM	The programmes can be delivered in person at; YWCA Yorkshire, 11 Fleming Gardens, Rotherham, S66 2EY	
	Freedom Programme A 2-day programme which examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims & survivors of domestic abuse.	18 - 25	Tuesdays	5:00 PM – 7:00 PM	Online, or at a suitable location based on the locality of referrals / sign ups.	
 GROW	1:1 Support Interventions for young women and girls focusing on trauma recovery and wellbeing.	13 - 18	A Key Worker will support each individual to come up with an individualised support plan which suits their weekly routines and availabilities.			For more information, please call GROW on: 01709 511171


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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Rotherham and Barnsley Mind	1:1 Counselling A programme of up to 6 counselling sessions.	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.		The programmes can be delivered at either; Rotherham and Barnsley Mind, Osborne House, 1-2 Highfield, Doncaster Road, Rotherham S65 1DZ or at a suitable location based on the locality of referrals / sign ups.	These programmes are by referral only. To make a referral, please email: Frankie@rbmind.co.uk or Kirsty@rbmind.co.uk
	Meet The Team An introduction to the organisation and the opportunities available for young people.					
	Social Media and Body Image A 2-hour session looking at how social media can impact on the way young people see themselves and the realities of social media.					
	Confidence and Self-Esteem A 2-hour session focusing on confidence and self-esteem, what this is, and coping strategies.					


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 RUSH House	AQA Sessions A number of certified AQA units to help young people develop basic skills and further their personal / professional development.	16 - 18	Dates are flexible based on the need of young people. Please contact us to arrange a session.		RUSH House, 17-19 Lindum Terrace, Doncaster Road, Rotherham, S65 1NJ	For more information or to register, please contact Lisa Rachieru on 07950 771870 or email: lrachieru@rushhouse.co.uk
	CV Writing Sessions Sessions to help young people develop a digital and paper CV, including structure, wording and how to sell yourself.					
	Job Club Support with using jobsites, applying for jobs, interview skills and work preparation.					
	Coursework Club Support for young people in training or education to complete coursework on a 1:1 and group basis.					



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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Endeavour	Outdoor Personal Development Activities such as; mountain walking, climbing, navigation, orienteering, canoeing, abseiling, caving and bushcraft.	9 - 19	Dates are flexible based on the need of young people. Please contact us to arrange a session.	These sessions are available to book 7 days a week and can be delivered as either as; <ul style="list-style-type: none"> - Full days from 10 AM - 3:30 PM or, <ul style="list-style-type: none"> - Half days during the morning, afternoon or on evenings 	These sessions are delivered at numerous outdoor locations and/or can be brought to a suitable location based on the locality of referrals / sign ups.	For more information or to register, please contact Ian Eccles on 07734 855652 or by email at ian.eccles@endeavour.org.uk In all email enquiries, please cc edward.thatcher@endeavour.org.uk
	Team and Problem-Solving Games Activities that can be delivered as part of outdoor personal development days or as a standalone session.					
	Indoor Cooking Sessions Group cooking sessions in our teaching kitchen.					
	Music Production Group music production sessions.					

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Organisation	Activities / Support	Age	Days/Dates	Times	Location	How to get involved
 Rotherham Parent Carers Forum	1:1 Counselling 1 to 1 counselling for young people with SEND and their siblings	10 - 25 (SEND) 10 - 18 (Siblings)	Dates are flexible based on the need of young people. Please contact us to arrange a session.		These sessions are delivered either in person at: 131 Green Ln, Rawmarsh, Rotherham, S62 6JY	For more information, please call us on 01709 296262 To make an enquiry about accessing the sibling support sessions service please click here
	Sibling Support Sessions A 6-week programme of fun activities and sessions for young people who have a sibling with SEND.	7 - 18	Mondays and Tuesdays	Flexible	and/or, by telephone or online via video call	
 Rotherham United Community Sports Trust	Sports Sessions A 6-week programme of weekly sports sessions.	11-17	Mondays From 28/02/22-16/05/22	6:00 PM – 7:00 PM	Dinnington Astro, Doe Quarry Lane, Dinnington, Sheffield, S252NZ	For more information, please email: inclusion@rotherhamunited.net To book a place, click here
		11-17	Thursdays From 10/02/22-19/05/22	3:30 PM- 4:30 PM	Kilnhurst MUGA (behind community centre) 116 Victoria St, Kilnhurst, Swinton, Mexborough S645SQ	

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Rotherham
Open Arts
Renaissance

Arts-Based Activities

A series of workshops and creative projects for young people.

9 - 19

ROAR will be working with young people accessing other opportunities within the project. For more information on how to take part in these activities, please call [01709 835747](tel:01709835747) or email: matt@rotherhamroar.org